

# Kit List

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## Teachers Note:

This kit list is based on a two night activity package, please amend the numbers and items within the form in relation to the time of year you are visiting, the numbers of days you are staying and your programme type.

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All Clothes can get very wet and muddy!

Please don't bring 'best clothes' old, comfortable clothes are best.

All items are to be clearly labelled with the individual's name, including bags, towels and underwear.

Please do not bring any electronic items, or items of value.

Please bring everything that you would expect for a two night stay including the following:

Packed	Packing List
	3 pairs of socks
	3 changes of underwear
	1 pair shoes for day wear
	1 pair old trainers for wet/ dirty activities
	1 pair indoor shoes (slippers are ideal)
	4 pairs trousers/ jeans/ track suit bottoms (two suitable for wet/dirty activities, not jeans)
	4 t shirts (two suitable for wet/ dirty activities)
	2 sweat shirts/ jumpers (two suitable for wet/ dirty activities)
	2 thick warm fleeces (one suitable for wet/dirty activities)
	1 Waterproof jacket or coat
	1 Waterproof trousers (optional)
	1 Warm Hat or Sun hat
	1 Pair of Gloves or Sun tan lotion
	1 Scarf or Sunglasses
	1 bath towel
	1 hand towel
	1 Pyjamas
	1 Dressing gown
	1 Bin liner for wet and dirty clothes, there are no drying rooms at Grendon Hall
	Toiletries including toothbrush, toothpaste, shower gel, sponge, flannel, shampoo, conditioner, brush, hair ties, deodorant (no aerosols)
	Disposable camera (optional)
	Money for tuck shop maximum £2.50 (optional)
	Medication- labelled with name and recommended dosage, in a clear plastic bag, please hand this in on your arrival

Bed Linen is provided by Grendon Hall

All activity safety equipment is provided by Grendon Hall